

# TEAM101

## Team Building

### Does your team run like a well-oiled machine or are they not drumming to the same beat?

Bring your team together by engaging them in a series of fun individual and group activities centred around enhancing communication, trust, team work, and problem solving. This program combines fun, practical, hands on activities with reflective, thought-provoking activities to challenge and inspire participants.

### Seminar Overview

- Our experienced facilitator ensures participants have the opportunity to work in different groups throughout the session, encouraging new workplace connections.
- Respect is a core component of the session, with participants encouraged to share and engage in a judgement free space.
- The session allows participants to focus on the importance of team work and the different roles needed within a team.
- Participants have the opportunity to explore their areas of strength and see how teamwork creates the strongest team of all.
- Communication is vital for a high performing team. This workshop helps to break down barriers in communication and how to better utilise both verbal and non-verbal forms of communication.
- A positive and enthusiastic team will create good morale in the workplace. Participants will identify barriers to positive morale and work together to create a positive environment.
- Most importantly, TEAM101 will work towards bringing teams together as one and remove harmful cliques or factions.

Visit our website for upcoming seminars or to book an in-house session

### Suggested Participants

- Managers
- Administration Staff
- Team leaders
- Shift Supervisors

The content is suitable for leaders within:

- Aged Care
- Disability
- Community Services
- Childcare

### Seminar Cost

Contact us for a tailored quote based on your specific business needs

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